## ADULT DIY WORKSHOPS





Participants: 8 adults 1 youth

In January and February, we organised three adult DIY workshops where participants could learn how to make personal care products from natural and organic materials. The first workshop was about making "melt and pour" soap, the second was about making lotion bars, and the third was about making lip balm. All three workshops were well-attended, with the soap workshop having a waitlist. We prioritised those on the waitlist for the following workshops and could have added another class for the waitlisted people. As a result, I reached out to a resident expert to organise a more complicated soap-making workshop for future programming.

February 8



Participants: 12 registered 8 waitlisted 11 adults 1 youth



## **OUTCOMES**

- -The workshops provided an opportunity for adults to socialise, learn new skills, and practice self-care during long winter nights.
- -Free programmes, allow participants to socialise and connect without spending money, which is a unique experience in our modern world.
- -Participants also had the chance to explore new creative ideas, learn how easy it is to make their products at home and meet others in the community who are interested in DIY.